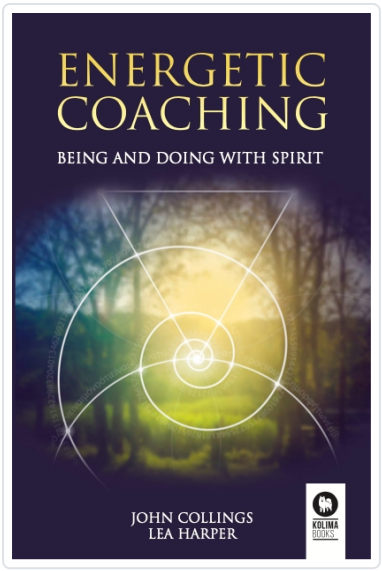
ENERGETIC COACHING



COLLINGS, JOHN;HARPER, LEA

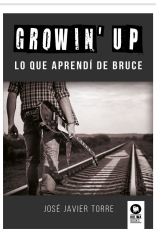
SINOPSIS

The innate intelligence of individuals and organizations are waiting to be uncovered. For this, values and vision must be defined and expressed. Energetic coaching provides a vehicle for those who wish to become the fullest expression of their true self, becoming coherent when their inner self reflects as a mirror their external doing. The self-reflection, the honesty and the hard work that are involved in the energetic coaching process connect with spirit in a spiral of sustainable energy. The person experiences and is open then to her best advisor: her internal teacher.

Energetic coaching analyzes relationships and explains the ways so as open up to inner wisdom to achieve individual integrity. There are no tools or techniques, formulas or models, but natural laws and fundamental principles that can be used to remove barriers and invite the spiritual energy and the connection. Having transcended the illusion of external control, polarity and duality, the innate power of the individual can be put upfront to offer interior identity and guidance, allowing a conscious choice that supports authentic action and generates freedom, as well as real and lasting power....

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